

EXAMPLE 2

Today I am grateful for...

1. *Going out at the weekend and getting a milkshake.*
2. *A hot bath.*
3. *Playing with my cat.*
4. *When I put on loud music and dance round my bedroom – I love this!*
5. *When I am with my friends and we just can't stop laughing, George always starts by making me laugh.*

Special moment of the day...

How did I feel? ♥

Today I completed the last level of World of Warcraft, it's taken me three weeks and to finally finish it was amazing. I felt like I had mastered the game and was so proud of myself, I felt on top of the world!

See more examples at www.gratitudeforchildren.com